

STANDARD ARRIVAL  
ROUTES – INSTRUMENT  
(STAR)

SYLT  
RWY 14/32

Designator	Identification Significant Points	Mag Track	Dist NM	MNM IFR Cruising Level	Remarks
1	2	3	4	5	6
<b>LBE 5A</b>	<b>ELBE FIVE ALPHA</b>				
	△ Elbe VOR/DME				
	△ MELDU	329	31	4000	
	△ LANAS	329	37	4000	
	△ Sylt NDB	329	15	3000	
<b>WSR 5A</b>	<b>WESER FIVE ALPHA</b>				
	△ Weser VOR				
	△ OSTOR	011	30	4000	
	△ MELDU	011	17	4000	
	△ LANAS	329	37	4000	
	△ Sylt NDB	329	15	3000	
<b>DHE 4W</b>	<b>HELGOLAND FOUR WHISKEY</b>				Available only between Fri 1500 (1400) and Mon 0700 (0600); other times PPR via R/T or as cleared by ATC.
	△ Helgoland VOR/DME				
	△ LANAS	041	37	5500	
	△ Sylt NDB	329	15	3000	