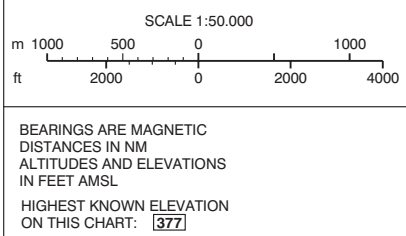


For description VFR - procedures see EHHV AD 2.22.
Airspace abbreviations used in this chart:
 SPL TMA 3/4/5 = SCHIPHOL TMA 3/4/5
 NM TMA B/D = NW MILLIGEN TMA B/D

NOTES:
 ① NW MILLIGEN TMA B & D: the indicated vertical limits only apply within this part of the airspace.
 ② TMZ B: only active MON-FRI 0800-1600 (0700-1500), EXC HOL.
 ③ MON-FRI 0800-1600 (0700-1500), EXC HOL: lower limit 1200 AMSL and FL 045 for non-motorised hanggliders and paragliders.



AD Info	131.025	Hilversum Radio
FIC	124.300	Amsterdam Information
FIC (MIL)	132.350	Dutch MIL Info

① Area to be avoided